

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Fundamentals: <i>moving in different ways, finding space</i>		Gymnastics Fundamentals: <i>ABCs, making shapes, travelling</i>		Games Fundamentals: <i>throwing & catching, dribbling, striking, playing a simple game</i>	
Year 1 & 2	Fundamental Movement skills Games <i>focus on throwing, catching, dribbling & aiming</i>	Fundamental Movement skills Dance	Gymnastics Games <i>focus on ball skills & point scoring games</i>	Gymnastics Games <i>focus on ball skills & point scoring games</i>	Athletics (Sports hall activities) Dance <i>Country dancing</i>	Athletics (track & field) Games <i>focus on aiming, hitting & striking</i>
Year 3 & 4	Swimming Invasion games skills	Swimming Dance	Gymnastics Invasion games <i>Tag Rugby (Hemel Stags)</i>	Gymnastics Invasion games Skills	Athletics Striking & fielding games	Athletics Net & Wall Games <i>Tennis (LG tennis club)</i>
Year 5 & 6	Dance Invasion games <i>Football, netball</i>	Endurance, health & fitness training Invasion games <i>Hockey/Lacrosse</i>	Gymnastics Invasion games <i>Tag Rugby (Hemel Stags)</i>	Gymnastics Invasion games <i>Ultimate Frisbee/ Hand ball</i>	Athletics Striking & fielding games <i>Cricket, rounders</i>	Athletics Net & Wall Games <i>Tennis (LG tennis club)</i>

OAA is provided in Class 1 during 'School in the Woods', Class 4's PGL residential trip and one off visits to activity centres for the whole school.

Autumn term:

Game On Coach to be employed for Class 2, Class 3 and Class 4 – 1 hour in the morning & 1 afternoon (?) for games lessons.

Support for dance e.g. Tring park, Apex?

Watford FC Move & Learn for endurance/fitness/health

Spring term:

Game On Coach for games (class 2, 3 & 4)

Get premier coach to do gymnastics lessons alongside teachers?

Tag Rugby coaching from Stags

Summer

Six4Six cricket (half a term – Class 3 & 4, half term class 1 & 2)

Tennis coach for half a term – LG Tennis Club (James Goodchild)

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Fundamentals: <i>moving in different ways, finding space</i> (Amy)		Gymnastics Fundamentals: <i>ABCs, making shapes, travelling</i> (Amy)		Games Fundamentals: <i>throwing & catching, dribbling, striking, playing a simple game</i> (Amy)	
Year 1 & 2	Games <i>focus on throwing, catching, dribbling & aiming</i> (Maddy) Fundamental Movement skills (Amy)	Dance (Nerys) Fundamental Movement skills (Amy)	Gymnastics (Amy) Games <i>focus on ball skills & point scoring games</i> (Maddy)	Gymnastics (Amy) Games <i>focus on ball skills & point scoring games</i> (Maddy)	Athletics (Sports hall activities) Dance <i>Country dancing</i> (Nerys)	Athletics (track & field) Games <i>focus on aiming, hitting & striking</i> (Maddy)
Year 3 & 4	Swimming Invasion games Skills (Game on)	Swimming Dance	Gymnastics Invasion games Tag Rugby (Hemel Stags)	Gymnastics Invasion games Skills (Game On)	Athletics Striking & fielding games (Six4Six)	Athletics Net & Wall Games Tennis (LG tennis club)
Year 5 & 6	Dance Invasion games Football, netball (Game On)	Endurance, health & fitness training Invasion games Hockey/LaCrosse (Game on)	Gymnastics Invasion games Tag Rugby (Hemel Stags)	Gymnastics Invasion games Ultimate Frisbee/ Hand ball (Game On)	Athletics Striking & fielding games Cricket, rounders (Six4Six)	Athletics Net & Wall Games Tennis (LG tennis club)