

Personal, Social, Emotional and Development

During my first year at school I will be developing my confidence and self-esteem, my ability to be assertive and stand up for my own rights or ask for adult support. I will be learning about relationships with both adults and children, making particular friendships and learning to share, to take turns and to negotiate with others.

I will begin to understand rules, to empathise with others and to learn about differences I may see in cultures, religion or language. I will develop the ability to express my feelings, to control them where appropriate and to express any anxieties to others. I will develop my independence in looking after myself and my things, choosing what I would like to do, finding what I need, planning my time, thinking of and acting on my own ideas and asking for help if I need it. I will be able to take responsibility for tidying up, helping younger children, taking messages and carrying out a task. I will learn to be pleased with and be proud of what I can do.



Communication and Language

I will be able to talk about what I want and how I feel and will have opportunities to express this through role play. I will be able to enjoy stories, poems, songs and rhymes, and will develop the ability to use language to describe past and present experiences and a sequence of events. I will develop my ability to question experiences and events and supply logical explanations or predict what might happen next. I will have the chance to talk imaginatively and retell stories in my own words. I will learn to speak to others in small and large groups and share my ideas and thoughts with them. I will learn to listen to others and ask interesting and appropriate questions.

I will learn to follow a set of instructions and be able to answer 'how' and 'why' questions about my experiences.



Physical Development

There will be lots of time for me to play and learn inside and outside the school. I will get the chance to become good at moving, climbing, controlling and coordinating as I play. I will have fun with my friends and teachers learning to use my body, my feet and my hands with more and more skill. I will get to use lots of outdoor toys to ride on, throw, catch, climb on and build with. I will be able to chase, race, jump, balance, play on my own and begin to play with a partner or a group or team.

When I am busy and active I will be able to feel the changes that take place in my body. I will be able to find out and talk about what helps to keep me fit and healthy and what food is good for me. I will learn to get my coat on or fasten my shoes so that I can look after myself. I will use lots of tools for drawing, painting, cutting, woodwork, sewing, cooking, joining and dismantling as well as other equipment for building, threading, dressing dolls, creating tents, dens and structures and playing sport.

