



## **Little Gaddesden Primary School**

### **Anti-Bullying Leaflet**

***We do not tolerate bullying or racial remarks at our school.***

We know that bullying does not stop without help. Ignoring the problem simply signals to the bully that he or she can continue to behave badly.

In order for our Anti-bullying policy to be successful it needs the full and active support of all our children, their parents and carers, all our staff and Governors. We must all work together to help stop bullying.

We aim to ensure that all our pupils know:

- What is meant by bullying
- How to prevent it happening
- What to do if it occurs

Governors will:

- Regularly review the school's Behaviour and Anti-bullying policy

- Monitor the effectiveness of the policy
- Ensure the wider school community is consulted in the making of this policy

Bullying is **“Behaviour by an individual or group, usually repeated over time, that intentionally hurts another individual or group either physically or emotionally”**.

It is:

- When somebody deliberately sets out to hurt, threaten or frighten someone
- Repeated over a period of time
- When it is difficult for the person to defend themselves

It can include:

- Hitting, kicking, pinching, pushing, biting, spitting
- Threatening
- Calling someone names
- Spiteful remarks
- Spreading rumours
- Teasing
- Making someone feel foolish
- Swearing
- Repeatedly excluding someone
- Not talking to someone or letting them join in
- Ganging up
- Deliberately damaging or taking someone's belongings

At our school we will:

- Inform and involve children in discussions about bullying and behaviour

- Train staff in how to deal with bullying
- Treat playtime as an important aspect of school life

All disciplinary actions taken by the school will be designed to support the victim and to help the bully to change his/her behaviour.

**All the staff will:**

- Supervise the children carefully
- Take bullying seriously
- Watch for signs of distress
- Listen carefully to children
- Offer the victim immediate support
- Make it clear to the bully why their behaviour is unacceptable
- Take steps to ensure, as far as possible, that such behaviour is not repeated
- Record incidents of bullying and racial remarks in the school Incident Log

**All children have the right to feel happy and safe in our school.**

**If, as a parent, you are at all concerned please inform the Headteacher.**