

Parent View – PE and School Sports

Dear Parents

As PE coordinator I am always keen to improve the provision in my subject and as such am very interested to hear your views on it as parents. First I would like to take this opportunity to explain the aims of our PE curriculum and school sport provision at Little Gaddesden. I have recently been awarded the 'Level 5 certificate in Primary School Physical Education Specialism' and am currently working on my level 6 qualification. This study has deepened my knowledge of the subject and the ways to teach it effectively in primary school. There are 4 elements which we aim to cover:

1. PHYSICAL EDUCATION

This is the planned, progressive learning that takes place in school curriculum time and which is delivered to all pupils covering the strands of gymnastics, games, dance, athletics and swimming. We have a minimum of two hours of timetabled PE a week at Little Gaddesden school and these lessons involve 'learning to move' (i.e. becoming more physically competent) and 'moving to learn' (e.g. learning through movement, which includes a range of skills and understandings beyond physical activity, such as cooperating with others). PE is taught by class teachers or qualified coaches.

2. PHYSICAL LITERACY

This can best be described as providing children with the fundamental skills to move. We hope to provide children with the motivation, confidence, physical competence, knowledge and understanding for lifelong participation in physical activity. These skills are the foundation for all sports as well as being 'body management' for life.

3. SCHOOL SPORT

This is the learning that takes place beyond the curriculum. It includes competitions and extra-curricular clubs. Being a member of both the Dacorum School Sports Network and the Tring School sports partnership means our pupils have many more opportunities to take part in sporting competitions than other primary schools. I have outlined some of the highlights from this year below:

Cross country – starting with local competition (at Ashlyns and Tring School) and progressing to district and then county level for the more able. (You may remember our Year 6 pupil winning the district and coming in second place in the county event)

Football – we participated in two leagues this year – a local village school league and the Game On league (which our year 5 & 6 team won) as well as a number of tournaments.

Tag Rugby – Both class 3 and class 4 took part in tag Rugby tournaments this year following training with Saracens during PE lessons.

Netball – after learning the skills in PE lessons our girls took part in a netball tournament against other local schools.

Key Stage 1 multi-skills – all children in class 2 took part in 2 separate multi-skills competitions this year with much success – they recently won the mini Olympics event they took part in at Hemel Sportspace.

Hockey tournament at Tring School – we took teams from classes 2, 3 and 4 to compete in this event.

Foundation Stage Mini Olympics- all our Reception children took part in this competition against 8 other primary schools.

Rounders tournament- our Year 5 & 6 team were very successful, winning all their games and the tournament outright.

Districts sports athletics at Jarman Park – our Year 5 & 6 came second in this competition

Inter-Village sports – we have rounded the year off nicely with a double win at this competition!

Sporting clubs we have run this year include: football, gymnastics, dodgeball, hockey, summer sports, cricket, martial arts, street dance and running.

4. PHYSICAL ACTIVITY

This is a broad term referring to all movement that uses energy. It includes all forms of physical education, sports and dance activities but also indoor and outdoor play and active travel (e.g. walking, cycling, scooting, rollerblading). We hope to encourage active playtimes and lunchtimes and to make PE as physically active as possible. Primary age children are meant to have 60 minutes of intense physical activity every day.

Taking these four elements into account, please answer the questions on the attached sheet:

Name:

1. Does your child have a positive view of PE? Yes/ No (please provide an explanation if possible)

2. What does your child enjoy most about PE at school?

3. What do you think we do well in PE at Little Gaddesden?

4. Have you any suggestions for improvements to our PE provision at Little Gaddesden?

5. Have you any suggestions to increase physical activity in our pupils?

Many thanks for your time

Amy Miles